



# RAMJAS INTERNATIONAL SCHOOL

## R. K. PURAM, NEW DELHI

Circular No.: RIS/2025/4/006

Date: 25-04-2025

Dear Parents,

We are delighted to share with you that we are organizing **Bagless Day** for the first time for students of all the classes VI-VIII within the school premises on **26 April 2025, Saturday**. As the name suggests, on this day, the students will not carry their bags to school but will engage in activities related to their curriculum that do not require textbooks or notebooks.

Experiential fulfilled activities have been planned in all subjects for the students to spark their curiosity, creativity, and critical thinking. Designed to give a break to the students from the regular structured day, Bagless Days will include art and craft, dance sessions, Skill Development Workshops and many other Co-curricular activities.

Planned strategically, we hope that a Bag Free Day will be a joyful, interactive, and enriching experience for our students. Below mentioned is the list of activities that will be conducted.

ACTIVITIES	LEARNING OBJECTIVES
Yoga in Mathematics	● Improve physical fitness
	● Promote stress management
	● Integrated learning of Angles
Zumba	● Develop hand eye coordination.
	● Build a sense of accomplishment , independence and self-confidence.
Workshop	<b>Students will develop:</b>
	● Awareness for health and Hygiene.
	● Basic skill development for day to day life.
Mass counselling session	● Develop coping strategies.
	● Enhance self-awareness
	● Dealing with Emotions and Peer Pressure
Art and craft	● Stimulate creativity and imagination
	● Sensitising students about society.
Scientist Hunt	● Develop Research and Inquiry Skills
	● Develop teamwork and collaboration through group work.
	● Appreciate diversity and inclusion in the scientific community.
Leaf Investigators	● Observe and classify leaves based on shape, size, margin, and venation.
	● Appreciate plant diversity in the local environment.
	● Foster curiosity and respect for nature and plant life.
Sanskrit Sambhashan	● Practice common Sanskrit greetings and everyday phrases.
	● Build confidence in using Sanskrit in daily interactions.
	● Develop musical skills
Music	● Team work
Capture the Flag	● School spirit
	● Sportsmanship

We look forward to the enthusiastic participation of our students in this new educational adventure. We thank you for your unstinted support and cooperation in all our initiatives.

**Note : Students have to bring their lunch box , fruits and water bottle .**

Warm Regards

Richa Sharma

Principal